

Aurora Neurodiversity Library

Advisory notes for Aurora Library catalogue

The loan period is 1 month except reference items (with R at end of code) which are for use only on the premises.

For those borrowing or returning by post we add a few days on to the loan period to allow for delivery time.

To borrow, renew or return an item: please contact avaruth.baker@xtra.co.nz (or welcome@auroracollective.nz) to complete a "library user form", pay the library fee, request your item, and receive your issue slip

Author	Year	Book Title (for audiovisual items see separate list)	Reference items 'R'	Item Code	Feedback from readers
Adkins, Jo & Larkey, Sue	2013	Practical Mathematics for Children with an Autism Spectrum Disorder and Other Developmental Delays		515A	
Aitken, Kenneth	2014	Sleep well on the autism spectrum: How to recognise common sleep difficulties, choose the right treatment, and get you or your child sleeping soundly		382A	
Aitken, Kenneth J	2009	Dietary Interventions in Autism Spectrum Disorders: why they work when they do, why they don't when they don't		136A	
Al-Ghani, KI	2008	The Red Beast: Controlling Anger in Children with Asperger's Syndrome	R	329R	a storybook for children aged 4-9, to help them self-regulate when angry
Al-Ghani, KI	2013	The Disappointment Dragon: Learning to cope with Disappointment (for All Children and Dragon Tamers, Including Those with Asperger Syndrome).	R	477R	1 rating: very useful Comment: a storybook for young children drawing on principles of CBT
Al-Ghani, KI	2013	The Panicosaurus: Managing Anxiety in Children Including Those with Asperger Syndrome	R	490R	1 rating: very useful. Comment: a storybook for young children drawing on principles of CBT
Al-Ghani, KI	2019	Super Shamlal: Living and learning with PDA	R	580R	story for young PDA child, and at the end, info & strategies for child & parents
Al-Ghani, KI & Kenward, Lynda	2009	Making the Move: A Guide for Schools and Parents on the Transfer of Pupils with Autism Spectrum Disorders (ASDs) from Primary to Secondary School		327A	
Antonetta, Susanne	2005	A Mind Apart: Travels in a Neurodiverse World		272A	<u>1 rating</u> : outstanding; <u>comment</u> : brilliant!
Ariel, Cindy N & Naseef, Robert A (Eds)	2006	Voices from the Spectrum: Parents, Grandparents, Siblings, People with Autism, and Professionals Share Their Wisdom		279A	
Armstrong, Thomas	2016	Power of Neurodiversity: Unleashing the Advantages of Your Differently Wired Brain		503A	
Arwood, Elyn Lucas & Kaulitz, Carole	2007	Learning with a visual brain in an auditory world: Visual language strategies for individuals with autism spectrum disorders	R	236R	
ASK Trust (Eds)	2010	Beyond Diagnosis: Welcome to the Autism Spectrum! (The ASK Trust Welcome Booklet)		144A ; 144B	1 Rating: very useful; <u>Comment</u> : a positive resource for the newly diagnosed, by NZ autists
Aspden, K L	2016	Help - I've got an alarm bell going off in my head!: How panic, anxiety and stress affect your body		472A; 472B	<u>Rating</u> : useful; <u>Comment</u> : "I like this book because it is simple and specific."
Asperger's Association of New England	2000	Disclosure and Asperger's Syndrome: Our own stories	R	430R	
Aston, Maxine	2009	The Asperger Couple's Workbook: Practical Advice and Activities for Couples and Counsellors	R	101R	2 Ratings: outstanding; very useful. Comments: 1. Very good book - easy to read and stay interested (by reader with attention difficulties). 2. very practical advice & insight, extremely easy to read with many real-life examples. Well set out, so you can pick topics most relevant to your relationship (by an NT partner).
Aston, Maxine	2012	What Men With Asperger Syndrome Want to Know About Women, Dating and Relationships		193A	

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Attwood, Brian	2015	Make Your Own Picture Stories for Kids with ASD (Autism Spectrum Disorder): A DIY Guide for Parents and Carers	R	416R	
Attwood, Grandin et al	2006	Asperger's and Girls: World-renowned experts join those with Asperger's syndrome to resolve issues that girls and women face every day! Featuring Tony Attwood & Temple Grandin, plus 7 more experts		348A	
Attwood, Tony	2007	The complete guide to Asperger's Syndrome	R	082A; 082R	
Attwood, Tony; Evans, Craig R & Lesko, Anita (Eds)	2014	Been There Done That. Try This! An Aspinaut's Guide to Life on Earth.		273A	tips by a panel of autistic peer-mentors on the issues most commonly faced by independent-living adults on the spectrum. <u>5 Ratings</u> : very useful x4; useful x1
Attwood, Tony; Garnett, Michelle & Thompson, Colin	2016	Exploring Depression, and Beating the Blues A CBT Self-Help Guide to Understanding and Coping with Depression in Asperger's Syndrome		509A	
Attwood, Tony; Hénault, Isabelle & Dubin, Nick	2014	The Autism Spectrum, Sexuality and the Law: What every parent and professional needs to know	R	274R	<u>1 Rating</u> : useful.
Attwood, Will	2018	Aspergers syndrome and jail: A survival guide		560A	
Badcock, Christopher	2009	The imprinted brain: How genes set the balance between autism and psychosis		120A	
Baker, Dr Jed	2005	Preparing for life: The complete guide to transitioning to adulthood for those with Autism and Asperger's Syndrome		130A	To use with the help of a support person or counsellor
Barnett, Kristine	2014	The Spark: A Mother's Story of Nurturing, Genius and Autism		301A	inspiring!
Barnhill, Gena P	2002	Right Address... Wrong Planet: Children with Asperger Syndrome Becoming Adults		347A	a parent's account of their autistic son's challenging path towards independent adult life
Baron-Cohen, Simon	2004	The Essential Difference		460A	one theory of autism
Barron, Judy & Barron, Sean	2002	There's a boy in here: Emerging from the bonds of autism		257A	An insightful alternation of 'inside' and 'outside' views of autistic 'meltdowns' [despite the subtitle suggesting an outdated view]
Barton, Michael	2014	A Different Kettle of Fish: a day in the life of a physics student with autism		424A	The author uses a day trip into London to convey, through words and illustrations, an autistic experience of navigating life with a literal mind – acclaimed as “essential reading for anyone involved with autism”
Bascom, Julia	2015	The Obsessive Joy of Autism		418A	
Bascom, Julia (Ed)	2012	Loud Hands: Autistic People, Speaking		461A	
Belcher, Hannah Louise	2022	Taking off the mask: Practical exercises to help understand and minimise the effects of autistic camouflaging.		584A	
Beaney, Joy	2017	Creating autism champions: Autism awareness training for key stage 1 and 2	R	543R	
Beardon, Luke & Worton, Dean (Eds)	2017	Bittersweet on the Autism Spectrum		528A	An 'Insider Intelligence' book. 1 rating: useful. Comment: a collection of articles written by autistic adults in response to being asked what they found positive, and what challenging, about being on the spectrum.
Beardon, Luke & Worton, Dean (Eds)	2017	Love, Partnership or Singleton on the Autism Spectrum		527A	
Beardon, Luke & Worton, Dean (Eds)	2011	Aspies on Mental Health: Speaking for Ourselves	R	163R	<u>2 ratings</u> : very useful; outstanding
Bentley, Katrin	2007	Alone together. Making an Asperger marriage work		088A	a personal account
Bergemann, Rosalind A	2014	An Asperger Leader's Guide to Living and Leading Change		224A	
Bester, Tracy	2002	Practical solutions: Food refusal in autistic spectrum disorder		361A	
Bester, Tracy	2002	Practical solutions: Toilet training, the battle of the loo!		362A	

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Biklen, Douglas; with Attfeld, Richard; Bissonette, Larry; Blackman, Lucy; Burke, Jaimie; Frugone, Alberto; Mukhopadhyay, Tito Rajarshi; & Rubin, Sue	2005	Autism and the myth of the person alone		127A	Personal accounts of autists initially considered retarded. <u>Comment</u> : Excellent book, if a little 'academic' at times in writing style, which might put some off. But if you persist, it's pure gold. It's method of approaching and listening to autistics first, and then formulating theories, is one more researchers should take. I love how he rejects the 'deficit' model of autism. And especially love the good stuff!!
Birch, Jen	2002	Congratulations! It's Asperger's Syndrome: One Person's Story		006B	
Bissonnette, Barbara	2013	Asperger's Syndrome Workplace Survival Guide: A neurotypical's secrets for success		299A	
Bissonnette, Barbara	2013	The Complete Guide to Getting a Job for People with Asperger's Syndrome: Find the Right Career and Get Hired		198A	
Blackman, Lucy	1999	Lucy's Story: Autism and other adventures		025A	1 Rating: outstanding. Comments: Fascinating ... gave me much food for thought about why some autistics are non-verbal and deemed 'low-functioning' and others not?. personal account of a non-speaking autistic with an impressive academic record. Key sources of help for Lucy were auditory training, facilitated communication and an heroic mother doing all in her power to help Lucy overcome her difficulties in living in a NT world
Blakemore-Brown, Lisa	2002	Reweaving the autistic tapestry: Autism, Asperger syndrome and ADHD		389A	
Bogdashina, Olga	2004	Sensory perceptual issues in Autism and Asperger syndrome: Different Sensory Experiences. Different Perceptual Worlds		053A	
Bogdashina, Olga	2013	Autism and Spirituality: Psyche, Self and Spirit in People on the Autism Spectrum		226A	
Bogdashina, Olga	2010	Autism and the Edges of the Known World: Sensitivities, Language, and Constructed Reality		517A	touches on lesser known sensory experiences in autism
Bogdashina, Olga	2005	Theory of Mind and the Triad of Perspectives on Autism and Asperger Syndrome: A View from the Bridge		445A	
Bogdashina, Olga	2005	Communication Issues in Autism and Asperger Syndrome: Do We Speak the Same Language?		446A	
Bolick, Teresa	2001	Asperger syndrome and adolescence: Helping preteens and teens get ready for the real world		358A	
Bolls, Ulrike Domenika	2013	Meditation for Aspies: Everyday Techniques to Help People with Asperger's Syndrome Take Control and Improve Their Lives		209A	by an author on the spectrum
Booth, Janine	2016	Autism Equality in the Workplace: Removing Barriers and Challenging Discrimination		484A	
Boyd, Brenda	2009	Appreciating Asperger Syndrome: Looking at the Upside - With 300 Positive Points		195A	2 Ratings: very useful. Comment: by an author identified as autistic in adulthood
Boyes, Alice	2015	The Anxiety Toolkit: Strategies for Fine-Tuning Your Mind and Moving Past Your Stuck Points		313A	
Breakey, Christine	2006	The autism spectrum and further education: A guide to good practice		246A	
Bridge, Emma Louise	2016	Autism, Anxiety and Me: A diary in even numbers		536A	alternating perspectives and tips by young autistic adult and her mother
Brown, Debi	2013	The Aspie Girl's Guide to Being Safe With Men: The Unwritten Safety Rules No-one is Telling You		196A	
Brown, Julie	2009	Writers on the Spectrum: How autism and Asperger syndrome have influenced literary writing		413A	1 Rating: very useful
Brown, Lydia	2017	All the weight of our dreams: On living racialized autism		553A	

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Brown, Steve	2014	Autism Spectrum Disorder and De-Escalation Strategies: A Practical Guide to Positive Behavioural Interventions for Children and Young People		436A	
Brukner, Lauren	2016	Stay Cool and in Control with the Keep-Calm Guru: Wise Ways for Children to Regulate their Emotions and Senses		511	
Brukner, Lauren	2015	How to be a Superhero Called Self-Control! Super Powers to Help Younger children to Regulate their Emotions and Senses		510A	
Brukner, Lauren	2014	The Kids' Guide to Staying Awesome and in Control		494A	
Bryant, Jean	1993	The opening door		443A	a teacher's case study of a child she worked with
Buron, Kari Dunn	2006	When my worries get too big: A relaxation book for children who live with anxiety	R	455R	for the young child, based on the 5-scale approach
Buron, Kari Dunn	2007	A 5 is Against the Law! Social Boundaries: Straight Up! An Honest Guide for Teens and Young Adults	R	161R	
Buron, Kari Dunn & Curtis, Mitzi Beth	2003	The Incredible 5-Point Scale: Assisting Students in Understanding Social Interactions and Controlling Their Emotional Responses	R	298R	1 Rating: very useful
Cafiero, Joanne M	2005	Meaningful exchanges for people with autism: an introduction to augmentative and alternative communication	R	251R	
Caldwell, Phoebe	2006	Finding You Finding Me: Using Intensive Interaction to Get In Touch With People Whose Severe Learning Disabilities Are Combined With Autistic Spectrum Disorder		284A	
Cannon, Janell	1993	Stellaluna		559A	tale of how a young bat and their new bird friends come to appreciate one another's differences
Carley, Michael J	2016	Unemployed on the Autism Spectrum: How to Cope Productively with the Effects of Unemployment and Job-hunt with Confidence		480A	
Carley, Michael John	2008	Asperger's from the inside out: A supportive and practical guide for anyone with Asperger's syndrome		121A	tips by an autistic for the newly diagnosed, their friends and family
Castellon, Siena	2018	The spectrum girls survival guide: how to grow up awesome and autistic		576A	by a teen on the spectrum
Cat, Sally (compiled)	2018	PDA by PDAers; From anxiety to avoidance and masking to meltdowns		579A	
Christie et al	2008	Understanding pathological demand avoidance syndrome in children: A Guide for Parents, Teachers and Other Professionals		386A	2 Ratings: outstanding; very useful Comments: This is an awesome book. It explains so well, would be especially useful for teachers of PDA kids.
CJ	1999	It's OK to Have Aspergers		003A	a personal account
Cook, Barb & Garnett, Dr Michelle (Eds)	2018	Spectrum Women: Walking to the beat of autism		563A	by editors & panel of Spectrum Women Mentors
Cook, Julia	2006	My Mouth is a Volcano!		498A	
Cook, Julia	2013	I Just Want to Do It My Way! My Story about Staying on Task and Asking for Help! (Best Me I Can Be!)	R: audio-book & text	499R	
Cooper, C & Widdows, N	2008	The social success workbook for teens: skill building activities for teens with nonverbal learning disorder, Asperger's disorder and other social-skills problems	R	245R	
Costley, Keane, Clark & Lane	2012	Practical Guide for Teachers of Students with an Autism Spectrum Disorder in Secondary Education		481A	
Crary, Elizabeth	1996	My name is not Dummy. A children's problem solving book		390A	
Crissey, Pat	2005	Personal hygiene?: What's that got to do with me?	R	363R	for children aged 8-14yo – info & worksheets to teach social implications of neglecting personal hygiene

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Crow, Tony	1987, 1990	Alternative games for the family, Alternative games for the studios, and Alternative games for those who like a challenge (Set of Three books of games)		004A	unique games brilliantly devised by a member of the NZ autistic community
Daria, T O	2008	Dasha's Journal: A Cat Reflects on Life, Catness and Autism		090A	
Debbaudt, Dennis	2002	Autism, advocates, and law enforcement professionals: recognizing and reducing risk situations for people with autism spectrum disorders	R	005R	
Derisley, Jo, et al	2008	Breaking free from OCD: A CBT guide for young people and their families		364A	1 Rating: very useful
Dixon et al	2003	Which school?: Questions your Asperger child will want you to ask		369A	
Doidge, Norman	2007	The brain that changes itself: Stories of personal triumph from the frontiers of brain science		346A	Includes a chapter on autism
Donovan, John & Zucker, Caren	2016	In a different key: The story of autism		475A	
Dozier, Thomas	2017	Does the sound of others chewing fill you with rage? Understanding and overcoming Misophonia		581A	
Dowty, Terri & Cowlshaw, Kitt	2002	Home Educating Our Autistic Spectrum Children: Paths are made by walking		293A	
Dubin, Nick	2007	Asperger Syndrome and Bullying: Strategies and solutions		254A	
Dubin, Nick	2009	Asperger syndrome and anxiety: A guide to successful stress management		105A	by an autistic psychology graduate with personal experience of anxiety and depression
Dubin, Nick	2014	The autism spectrum and depression		233A	by an autistic psychology graduate with personal experience of living with anxiety, depression and suicidal thoughts
Dumortier, Dominique	2004	From another planet: Autism from within		65A	a memoir
Dunn, Winnie	2009	Living sensationally: Understanding your senses		110A	
Dunne, Susan	2015	A Pony in the Bedroom: A Journey Through Asperger's, Assault, and Healing With Horses		310A	1 rating: outstanding. <u>Comment</u> : absolutely brilliant!
Durand, V Mark	1997	Sleep better: a guide to improving sleep for children with special needs		433A	
Durig, Alex	2006	How to understand autism - the easy way		118A	a clear and accessible introduction to autism
Dyrbjerg, Pernile & Vedel, Maria	2007	Everyday education: Visual support for children with autism	R	392R	For home or school – to assist communication and independence in ASD children
Eaton, Judy	2018	A Guide to mental health issues in girls and young women on the autism spectrum	R	552R	diagnosis, intervention & family support
Edmonds, Genevieve & Beardon, Luke	2008	Asperger Syndrome and employment: Adults speak out about Asperger Syndrome		093A	
Eide, Brock & Fernette	2006	The mislabelled child: Looking beyond behaviour to find the true sources - and solutions - for children's learning challenges		373A	Includes chapter on 'autism-like disorders'
Ekman, Paul	2003	Emotions Revealed: Recognizing Faces and Feelings to Improve Communication and Emotional Life	R	267R	
Elder, Jennifer	2006	Different Like Me: My Book of Autism Heroes	R	320R	highlights, for children, famous figures thought to have been on the spectrum
ERIC (Enuresis Resource & Information Centre - authors)	2002	We can do it!: Helping children who have learning disabilities with bowel and bladder management – A guide for parents		360A	
Ernsperger, Lori & Wendel, Danielle	2007	Girls under the umbrella of autism spectrum disorders: Practical solutions for addressing everyday challenges	R	431R	includes personal accounts of girlhood on the spectrum
Evans, Kirsti (Illustrations by John Swogger)	2011	Something Different About Dad: How to Live With Your Asperger's Parent	R	160R	

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Faherty, Catherine	2000	What Does It Mean to Me? A Workbook Explaining Self Awareness and Life Lessons to the Child or Youth with High Functioning Autism or Asperger's	R	375R	1 rating: very useful
Faherty, Catherine	2008	Understanding Death and Illness and What They Teach About Life: An Interactive Guide for Individuals With Autism and Asperger's Syndrome and Their Loved Ones	R	158R	
Faherty, Catherine	2010	Communication: What Does it Mean to Me? (Includes CD-ROM of associated resources)	R	148R	systematic communication forms as a way to break through communication barriers between autistic and neurotypical communication partners
Farrell, Warren	2000	Women can't hear what men don't say: Destroying myths creating love		532A	No mention of neurodiversity (ND), however ND couples have welcomed the communication tips especially the ideas around expressing criticism laid out in chapters 2&3
Fast, Yvona, and others	2004	Employment for Individuals with Asperger Syndrome or Non Verbal learning disability: Stories and Strategies		037A	Addresses employment issues for AS people, with useful advice e.g. strategies to find and keep a job, and creative ways of designing or adapting a job to fit the person rather than only trying to adapt the person to the job: to help address the problem that despite intelligence, honesty and the ability to try, around 85% of AS people remain underemployed or unemployed. The 'right job' depends not only on the type of work, but also attitude of employer and workplace culture.
Finch, David	2012	The Journal of Best Practices: A Memoir of Marriage, Asperger Syndrome, and One Man's Quest to be a Better Husband		203A	1 Rating: very useful. David Finch's approach is of particular interest to AS/NT marriages. Some good insights. More light-hearted than some books on this topic
Fitzgerald, Michael	2005	The genesis of artistic creativity: Asperger's syndrome and the arts		128A	highlights famous figures thought to have been on the spectrum
Fitzgerald, Michael	2007	Genius Genes: How Asperger Talents Changed the World		497A	highlights famous figures thought to have been on the spectrum
Fleisher, Marc	2003	Making sense of the unfeasible: My life journey with Asperger syndrome		035A	a memoir that is both entertaining and informative, including interesting facts and mathematical equations for the more maths-inclined reader
Fleisher, Marc	2005	Survival strategies for people on the autism spectrum		064A	tips from one young man on the spectrum
Flowers, Roni	1996	Reaching the child with autism through art: practical and fun activities to do		463A	
Ford, Ian	2010	A Field Guide to Earthlings: An Autistic/Asperger View on Neurotypical Behaviour		200A	
Ford, Rodney	2012	The gluten syndrome: Is wheat causing you harm?	R	478R	
Forrester, Cheryl & Sutton, Carlton	2015	Selective Mutism in Our Own Words		495A	
Forrester-Jones, Rachel & Broadhurst, Sarah	2007	Autism and loss	R	106R	
Freedman, Sarita	2010	Developing College Skills in Students with Autism and Asperger's Syndrome		301A	
Frith, Uta (Ed)	2006	Autism and Asperger syndrome		248A	early writing including a full translation of Asperger's original paper
Gabor, Don	2001	How to Start Conversation and Make Friends		205A	
Gagnon, Elisa & Smith Myles, Brenda	1999	This is Asperger syndrome	R	332R	comic-style depiction of autism for a newly diagnosed child or teen
Gagnon, Elise	2001	Power cards: Using Special Interests to Motivate Children and Youth with Asperger Syndrome and Autism	R	432R	how to combine a social story with an illustrated prompt card based on the child's special interest or hero, with some good examples
Gallimore, Desiree	2017	The essential guide to safe travel-training for children with autism and intellectual disability		577A	
Garland, Teresa	2014	Self-regulation interventions and strategies: Keeping the body, mind and emotions on task in children with autism, ADHD or sensory disorders		465A	

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Gaus, Valerie L	2011	Living Well on the Spectrum: How to Use Your Strengths to Meet the Challenges of Asperger Syndrome/High-Functioning Autism		175A	a systematic approach to problem-solving daily life, for a teen or adult to use on their own or with support
Geither, Elise & Meeks, Lisa	2014	Helping Students with Autism Spectrum Disorder Express their Thoughts and Knowledge in Writing: Tips and Exercises for Developing Writing Skills		300A	by and for tertiary students - a practical guide that includes throughout the insightful personal accounts of autistic students on what they found helpful with their struggles, explanations of the difficulties, teaching tips, chapters on executive function and on assistive technology that can help, and ready-to-use writing exercises
Gerland, Gunilla	1996	A Real Person: Life on the outside		007A	<u>A memoir</u> . <u>4 Ratings</u> : outstanding x4. Comments: 1. I loved this book. She describes how she experiences things so vividly, I felt like I was there with her. 2. This is a great book. Like Donna Williams, Gunilla Gerland came from an abusive home and was offered no support at all for her differences. Her brilliant account of the confusion and strangeness and eventual wonderful self-awareness of her Autism makes for compelling reading especially for women on the spectrum; 3. Reading this account of the author's extremely difficult journey through childhood confirms for me that those we care for with more severe symptoms (esp. if minimally verbal) usually have very good reasons for their resistance / discomfort / terror in situations many would deem normal
Gerland, Gunilla	2001	Finding out about Asperger Syndrome, High functioning autism and PDD		008A	simple intro for the newly diagnosed especially anyone daunted by too much detail
Gerland, Gunilla	2013	Secrets to Success for Professionals in the Autism Field: An Insider's Guide to Understanding the Spectrum, the Environment and Your Role		202A	<u>1 rating</u> : outstanding
Ghaziuddin, Mohammad	2005	Mental health aspects of autism and Asperger Syndrome	R	100R	
Goodall, Emma	2013	Understanding and facilitating the achievement of autistic potential		213A	
Goodall, Emma	2016	The Autism Spectrum Guide to Sexuality and Relationships: Understand Yourself and Make Choices That are Right for You		483A	<u>1 rating</u> : useful
Goodchild, Christopher	2009	A Painful Gift: The journey of a soul with autism		564A	A relatively short memoir of the author's journey through the darkest moments of his life (which he describes as trials) from childhood through to adulthood, and being diagnosed autistic at a critical point later in life. It is also an account of his spiritual journey which sustains and deeply nourishes him. I found it painful to read in parts, but was touched by the author's courage and inspired by his words of wisdom and insight.
Goodchild, Christopher	2017	Unclouded by longing: Meditations on autism and being present in an overwhelming world		549A	
Goodyear, Bill	2008	Coaching People with Asperger's Syndrome	R	290R	
Grandin, Temple	2008	The Way I See It: A Personal Look at Autism and Asperger's	R	208R	
Grandin, Temple	1996	Thinking in Pictures and other reports from my life with autism		009A	Temple's second memoir, with more detail of her visual thinking
Grandin, Temple & Moore, Debra	2016	The Loving Push: How Parents and Professionals Can Help Spectrum Kids Become Successful Adults.		514A	Chapters cover compulsive gaming, how to break bad habits, teaching vital life skills, and much more
Grandin, Temple & Barron, Sean	2005	Unwritten rules of social relationships. Decoding Social Mysteries through the Unique Perspectives of Autism		076A	
Grandin, Temple & Duffy, Kate	2004	Developing Talents: Careers for Individuals with Asperger Syndrome and High-Functioning Autism		054A	
Grandin, Temple & Johnson, Catherine	2005	Animals in translation: Using the Mysteries of Autism to Decode Animal Behaviour		069B	explaining the close bonds between autists and animals

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Grandin, Temple & Panek, R	2013	The Autistic Brain: Helping Different Kinds of Minds Succeed		271A	emphasising that the world needs both autistic and neurotypical minds working together
Grandin, Temple (Ed)	2012	Different ... Not Less: Inspiring Stories of Achievement and Successful Employment from Adults with Autism, Asperger's and ADHD		201A	
Grandin, Temple with Scariano, M	1996 with 2005 postscript	Emergence: Labelled autistic		266A	Temple's first memoir; at the time professionals doubted an autistic person could have the insight to write such a book
Grant, Lana	2015	From Here to Maternity: Pregnancy and Motherhood on the Autism Spectrum		309A	
Gray, Carol	1994	Comic strip conversations: Colourful, illustrated interactions with students with autism and related disorders	R	518R	
Gray, Carol	1995	Social stories & comic strip conversations: Unique methods to improve social understanding	R	442R	
Gray, Carol	2002	The sixth sense II [a programme to improve ASD understanding and support among classmates]		428A	
Gray, Carol & White, Abbie Leigh	2002	My Social Stories Book	R	372R	1 rating: useful. Comment: illustrated social stories for younger children, pre-written for a range of common situations
Green, Christopher & Chee, Kit	2001	Understanding ADHD: Attention Deficit Hyperactivity Disorder		331A	2 ratings:1.Very useful; 2. very useful for children, of limited use for adults. Comments: Comprehensive; includes sections on adulthood & on medication
Greene, Ross W	2001	The explosive child: A new approach for understanding and parenting easily frustrated, chronically inflexible children		366A	
Groden, June; Kantor, Ayelet; Woodard, Cooper R & Lipsitt, Lewis P	2011	How Everyone on the Autism Spectrum, Young and Old, Can Become Resilient, be More Optimistic, Enjoy Humor, Be Kind, and Increase Self-Efficacy: A Positive Psychology approach		192A	
Hadcroft, Will	2005	The feeling's unmutual: Growing up with AS (undiagnosed)		061A	memoir
Haddon, Mark	2003	The curious incident of the dog in the nighttime		010A	novel with autistic lead character that many autists can relate to
Hagland, Carol & Webb, Zillah	2009	Working with Adults with Asperger Syndrome: A Practical Toolkit	R	328R	
Hall, Kenneth	2001	Asperger Syndrome, the universe and everything.		286A	1 Rating: useful. Written by a 10-year-old boy who is gifted and has Asperger's Syndrome
Hanify, Julie	2016	A small blue thing: Life on the spectrum.		539A	NZ autobiography
Hansen, Sven	2006	Mastering Stress: Being Calm, Alert and Engaged		188A	1 Rating: useful
Harpur, John, Lawlor, Maria & Fitzgerald, Michael	2004	Succeeding in College with Asperger Syndrome: A student guide		001A	Based on first hand interviews with AS college students, on preparing for university life, or independent living for any of us. Covers coping with workloads; making friends; sexual relationships; domestic issues[money management, food, clothes, hygiene], routines, managing anxiety & stress, & safety issues e.g. distinguishing inappropriate, abusive & dangerous behaviours.
Harris, Rachael Lee	2021	Pythiism: Reframing autism as an alternative form of consciousness		574A	
Harris, Rachael Lee	2015	My Autistic Awakening: Unlocking the potential for a life well lived		566A	Comment: Rachael's personal account, from her childhood through to years spent as a contemplative nun, late diagnosis, and now mother and psychotherapist
Hartman, Davida	2017	Beating anxiety: What young people on the autism spectrum need to know		538A	
Harvey, Catherine	2018	Difference not disorder: Understanding autism theory in practice		554A	

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Hawkins, Gail	2004	How to Find Work That Works for People with Asperger Syndrome: The Ultimate Guide for Getting People with Asperger Syndrome into the Workplace (and Keeping Them There!)		322A	
Heller, Sharon	2003	Too loud, too bright too fast too tight: What to do if you are sensory defensive in an overstimulating world		122A	Includes outline of 'sensory diet'
Hendrickx, Sarah	2008	Love, sex and long-term relationships: What people with Asperger Syndrome really really want		258A	
Hendrickx, Sarah	2009	Asperger Syndrome and employment: What people with Asperger syndrome really really want		103A	
Hendrickx, Sarah	2010	The Adolescent and Adult Neuro-diversity Handbook: Asperger Syndrome, ADHD, Dyslexia, Dyspraxia and Related Conditions		134A	Information & strategies for those living with various undiagnosed conditions of neurological difference including autism
Hendrickx, Sarah	2015	Women and Girls with Autism Spectrum Disorder Understanding Life Experiences from Early Childhood to Old Age		423A	1 Rating: outstanding. Comment: The author writes from her own lived experience as well as her professional work with autistic clients
Hendrickx, Sarah & Newton, Keith	2007	Asperger Syndrome - a love story		084A	a personal account
Higashida, Naoki	2014	The Reason I Jump: One boy's voice from the silence of autism		500A	
Holzhauser-Peters, Leslie & True, Leslie	2008	Making sense if children's thinking and behaviour: A step-by-step tool for understanding children with NLD, Asperger's HFA, PDD-NOS & other neurological differences	R	456R	Comment: an approach to help family members & teachers understand the thinking & other differences of such children, and how to analyse and work with behaviours arising from these
Honeybourne, Victoria	2018	The Neurodiverse Classroom: A teacher's guide to individual learning needs and how to meet them		557A	by autistic adult who is also a senior advisory teacher in the field of special educational needs
Honeybourne, Victoria	2019	A Practical Guide to Happiness in Adults on the Autism Spectrum		568A	see author info in entry above
Hoopmann, Kathy	2013	Inside Asperger's Looking Out		197 A	1 rating: outstanding, as is its companion volume "All cats have Asperger's". Comment: first book I read to my teen after finding she was on the spectrum. Despite not feeling happy about that, she laughed, could relate to what was happening for each animal, it made sense to her own experiences. a fantastic introduction for a child of any age. Good to see the simple, humours side.
Hoopmann, Kathy	2000	Blue bottle mystery: An Asperger adventure		427A	adventure novel featuring a probably-AS child
Hoopmann, Kathy	2002	Lisa and the Lacemaker: An Asperger adventure		426A	1 Rating: useful. Comment: My 10-year old enjoyed this and found it interesting. Adventure novel with a probably-autistic girl as main character
Hoopmann, Kathy	2003	Haze		425A	An adventure novel for teens featuring a probably-AS lad
Hoopmann, Kathy & Kiss, J S	2015	Elemental Island		471A	hypothetical island on which the majority are brilliantly neurodivergent, and the few suspected of 'social syndrome' the misfits
Houston, Rab & Frith, Uta	2000	Autism in History: The case of Hugh Blair of Borgue		262A	
Howley M & Arnold, E	2005	Revealing the hidden social code: Social stories for people with ASDs	R	464R	guidelines on how to write your own social stories
Hudson, Jill	2006	Prescription for success: Supporting Children with ASD in the Medical Environment [includes CD-ROM of copiable resource sheets]	R	415R	
Hughes, Robert	2016	Walker Finds a Way: Running into the Adult World with Autism		486A	a parent's account of their autistic son's challenging path towards independent adult life
Inglis, Louise	2012	Happiness in his eyes: a story of love and disability		240A	a parent's account of family life with their autistic son
Isanon, Abe	2001	Spirituality and the autism spectrum: Of falling sparrows		256A	
Jackson, Luke	2002	Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence		087A	by an AS teen

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Jackson, Luke	2017	Sex, Drugs and Asperger's Syndrome: A User Guide to Adolescence		522A	by an AS teen
Jackson, Nita	2002	Standing down, falling up: Asperger's syndrome from the inside out		349A	by an AS teen (sister of Luke - see entry above)
Jacobs, Barbara	2003	Loving Mr Spock: The story of a different kind of love		374A	autistic readers may find this an overly stereotyped depiction of autistic love
Jacobs, Debra	2019	Safety and consent for kids and teens with autism or special needs	R	567R	
James, Ioan	2006	Asperger's syndrome and high achievement: Some very remarkable people		239A	highlights famous figures thought to have been on the spectrum
James, Laura	2017	Odd girl out: an autistic woman in a neurotypical world		547A	1 rating: useful. Comment: As someone coming to acceptance of ASD later in life, I found many relatable passages. In the latter half of the book some interesting excerpts from her conversations with autism experts.
Jamieson, Juliet & Jamieson, Claire	2006	Managing Asperger Syndrome at college and university: A resource for students, tutors and support services [includes CD-ROM of associated resources]	R	247R	
Jansen, Herman & Rombout, Betty	2014	Auti Power! Successful Living and Working with an Autism Spectrum Disorder		222A	series of interviews with autistic adults
Johnson, Malcolm	2005	Managing with Asperger syndrome		059A	An AS experience of working in management positions: personal account and suggestions arising from this
Jones, Dan	2017	Look into my eyes: Asperger's, hypnosis and me		544A	memoir of an AS man who coped with his anxiety through meditation as a child & hypnosis as a teen
Jones, Heather	2014	Talk to me: Conversation strategies for parents of children on the autism spectrum or with speech and language impairments		548A	
Jordan, Paul	2017	How to start, carry on and end conversations: Scripts for social situations for people on the autism spectrum		534A	
Jordan, Rita	2001	Autism with severe learning difficulties		394A	
Jordan, Rita	2002	Autistic spectrum disorders in the early years: A guide for practitioners		395A	
Jordan, Rita and Jones, Glenys	1999	Meeting the Needs of Children with Autistic Spectrum Disorders	A	396A	An excellent introduction for teachers new to ASD
Jurkevithz, Renata; Campbell, Maura & Morgan, Lisa	2020	Spectrum Women: Autism & parenting		575A	personal experiences by autistic parents
Kaplan, Melvin	2005	Seeing Through New Eyes: Changing the Lives of Children with Autism, Asperger Syndrome and Other Developmental Disabilities Through Vision Therapies		334A	
Karim, K; Ali, A & O'Reilly, M	2014	A practical guide to mental health problems in children with ASD: It's not just their autism!	R	451R	
Kennedy, Diane & Banks, Rebecca	2011	Bright Not Broken: Gifted Kids, ADHD, and Autism - why twice-exceptional children are stuck and how to help them		355A	
Kessick, Rosemary	2009	Autism and Gastrointestinal Complaints: What You Need to Know		289A	
Kessick, Rosemary	2009	Autism & diet: what you need to know		413A	
Kim, Cynthia	2013	I Think I Might be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-discovery for Adults		214A	1 rating: useful. Comment: this book has some useful information
King, Betsey	2004	Music Therapy: Another Path to Learning and Understanding for Children on the Autism Spectrum		462A	
King, Brian R	2012	Strategies for Building Successful Relationships with People on the Autism Spectrum		194A	
King, Susan	2009	Edition O1 (art and photos of NZ mute autistic artist)		306A	
Klass, Perri & Costello, Eileen	2004	Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In - When to Worry and When Not to Worry		379A	

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Korin, Ellen S Heller	2006	Asperger Syndrome An Owner's Manual: What you, your parents & teachers need to know	R	370R	systematic strategies for everyday life with helpful visual charts and diagrams
Korin, Ellen S Heller	2007	Asperger Syndrome an Owner's Manual 2 for Older Adolescents and Adults: What You, Your Parents and Friends, and Your Employer, Need to Know	R	156R	systematic strategies for everyday life with helpful visual charts and diagrams
Kuhnke, Elizabeth	2016	Body Language: Learn how to read others and communicate with confidence		551A	
Kurtz, Lisa A	2008	Understanding controversial therapies for children with autism, Attention Deficit Disorder and other learning disabilities: A guide to complementary and alternative therapies		132A	
Kutscher, Martin	2014	Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's Anxiety and More!		311A	includes strategies that can work for most combinations of syndromes your child may have
Kutscher, Martin	2016	Digital Kids: How to Balance Screen Time, and Why it Matters		529A	
Kutscher, Martin L & Moran, Marcella	2009	Organising the disorganised child: simple strategies to succeed in school		304A	
Laird, P C	2007	The Shadow World		096A	a fictionalised account of the horrific 2003 bullying and murder of a Japanese student by peers at a NZ institution for students who did not fit in at home.
Langensiepen, Julia	2010	Deeno's Dream Journeys in the big blue bubble: a relaxation programme to help children manage their emotions		385A	based on autogenic training, for parents or practitioners to work through with their child
LaSalle, Barbara	2003	Finding Ben: A Mother's Journey Through the Maze of Asperger's		317A	a parent's account of their autistic son's challenging path towards independent adult life
Lawrence, Clare	2012	Autism and flexischooling: A shared classroom and home-schooling approach	R	454R	
Lawson Wenn & Beatrice	2017	Transitioning together: One couple's journey of gender and identity discovery		531A	<u>1 rating</u> : outstanding. <u>Comment</u> : an excellent account of transitioning - physical , mental & emotional
Lawson, Wendy	1998	Life Behind Glass: A personal account of Autism Spectrum Disorder		015A	Wendy's memoir includes being misdiagnosed as psychotic before her autism was identified
Lawson, Wendy	2002	Understanding and Working with the Spectrum of Autism: An Insider's View		282A	for support persons
Lawson, Wendy	2003	Build Your Own Life: A Self-Help Guide For Individuals With Asperger's Syndrome		016A	for autistic adults
Lawson, Wendy	2005	Sex, sexuality and the autism spectrum		058A	
Lawson, Wendy	2006	AS Poetry: illustrated poems from an aspie life		263A	
Lawson, Wendy	2008	Concepts of normality: The autistic and typical spectrum		091A	
Lawson, Wendy	2009	Friendships the Aspie way		077A	Includes sample disclosure / alert cards as guides to creating your own
Lawson, Wendy	2011	The Passionate Mind: How People With Autism Learn		151A	
Lawson, Wenn	2015	Older Adults and Autism Spectrum Conditions: An Introduction and Guide		447A	
Ledgin, Norm	2002	Asperger's and Self-Esteem: Insight and Hope through Famous Role Models		323A	1 reader comment: Good idea, supportive & well-intentioned but badly organised
Legge, Brenda	2002	Can't Eat, Won't Eat: Dietary Difficulties and the Autism Spectrum		315A	
Lesko, Anita A	2011	Asperger's Syndrome: When Life Hands You Lemons, Make Lemonade		231A	inspiring memoir by a late-diagnosed 'aspie' who became an anaesthetic nurse and aviation photojournalist despite being repeatedly bullied
Lester, Barbara R	2011	My Parent Has an Autism Spectrum Disorder: A Workbook for Children and Teens	R	159R	
Leventhal-Belfer, Laurie	2008	Why Do I Have To?: A Book for Children Who Find Themselves Frustrated by Everyday Rules	R	314R	2 ratings: useful ; comments: illustrated pre-written social stories for a range of common situations; make sure you read the excellent preface for children as well as preface for adults
Leventhal-Belfer, Laurie and Coe, Cassandra	2004	Asperger's Syndrome in Young Children: A Developmental Guide for Parents and Professionals		367A	

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Levine, Caroline	2007	Jay grows an alien		429A	story of how Jay learns about his Asperger differences by befriending a cyborg
Likens, Aaron	2012	Finding Kansas: Living and Decoding Asperger's Syndrome		380A	a memoir
Lipp, Rebekah & Phillips, Craig	2021	How do I feel? A dictionary of emotions for children to help identify and understand their emotions	R	573R	comment: many autistic adults have also found this book helpful
Lipsky, Deborah	2011	From Anxiety to Meltdown: How Individuals on the Autistic Spectrum Deal With Anxiety, Experience Meltdowns, Manifest Tantrums, and How You Can Intervene Effectively		171A	3 ratings: excellent. Comment: for autistic individuals, their parents and other adults involved with them.
Lipsky, Deborah	2013	How People with Autism Grieve, and How to Help: An Insider Handbook	R	227R	1 rating: useful
Lipsky, Deborah & Richards, Will	2009	Managing meltdowns: Using the SCARED Calming Technique with children and adults with autism.	R	116R	4 ratings: excellent. Comment: in the UK every school was issued with a copy of this essential guide to managing meltdowns
Locke, Deborah	2003	Watching the detectives: When a Policewoman Turns Whistle-blower		070A	memoir by an autistic detective who started questioning some of the corrupt practices she saw around her, and discovered the dark side of policing, including the consequences of breaking Rule No 1: never do your mates in. The story of a gutsy young woman who held true to what she believed in, whatever the cost.
Lohmann, Raychelle Cassada	2009	The anger workbook for teens: activities to help you deal with anger and frustration	R	243R	
Lonie, Nicola	2014	Online Safety for Children and Teens on the Autism Spectrum	R	307R	
Lundine, Vicki & Smith, Catherine	2006	Career Training and personal planning for students with autism spectrum disorders: A practical resource for schools		237A	
Lynn, George T & Barrie, Joanne	2005	Genius! Nurturing the spirit of the wild, odd and oppositional child		457A	About 'attention different' children including ASD.
Lynn, George T & Barrie, Joanne	2007	The Asperger's Plus Child: How to identify and help children with Asperger Syndrome and seven common co-existing conditions		397A	Includes bipolar, NVLD, OCD, ODD, TS, ADD & ASD
Mandel, Harvey P and Marcus, Sander I	1997	Could do better: Why children underachieve and what to do about it		458A	
Marshack, Kathy	2009	Life With a Partner or Spouse with Asperger Syndrome: Going Over the Edge? - Practical Steps to Saving You and Your Relationship		316A	
Marshack, Kathy J	2013	Out of Mind, Out of Sight: Parenting with a Partner with Asperger Syndrome (ASD) - Practical Steps to Saving You and Your Family		229A	
Marshall, Tania	2014	I am Aspiengirl: The unique characteristics, traits and gifts of females on the Autism Spectrum	R	466R	2 rating: outstanding; very useful. Comment: a series of vignettes show the wide range of ways in which autism may present in females, and near the end of the book, positive strategies
Marshall, Tania	2015	I am Aspienwoman: The unique characteristics, traits and gifts of adult females on the Autism Spectrum	R	467R	As above, but about women not girls
Martin, Rosemary	2011	Top Tips for Asperger's Students: How to Get the Most out of University and College		177A	
McCabe, Patrick, Estelle & Jared	2003	Living and loving with Asperger Syndrome: family viewpoints		398A	A collaborative account by Patrick, his wife and son about how they as individuals and as a family of three have adjusted positively to Patrick's AS
McManmon, Michael P	2011	Made for Good Purpose: What Every Parent Needs to Know to Help Their Adolescent with Asperger's, High-Functioning Autism or a Learning Difference Become an Independent Adult		187A	1 rating: very useful. Includes the importance of the autistic individual having an informal 'Board of Trustees' to confer with throughout life
Mendes, Eva	2015	Marriage and Lasting Relationships with Asperger's Syndrome (Autism Spectrum Disorder): Successful Strategies for Couples or Counsellors		438A	3 ratings: excellent

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Mendes, Eva & Meredith, R Moroney	2019	Gender Identity, Sexuality and Autism: Voices from across the spectrum		569A	
Miller, Jean Kearns (Ed)	2003	Women from another planet?: Our lives in the universe of autism		014A	4 ratings: excellent
Mindick, Nancy L	2011	Understanding Facial Recognition: Prosopagnosia Management Strategies for Parents and Professionals		152A	
Mitchell, Chris	2005	Glass Half Empty, Glass Half Full: How Asperger's Syndrome has Changed my Life		071A	a memoir
Mitchell, Chris	2013	Mindful Living with Asperger's Syndrome: Everyday Mindfulness Practices to Help You Tune In to the Present Moment		223A	
Moat, David	2013	Integrative Psychotherapeutic Approaches to Autism Spectrum Conditions: working with hearts of glass	R	212R	for therapists
Moon, Elizabeth	2002	The speed of dark		060A	Science fiction with characters and theme many autistic can relate to
Mor, Caiseal	2007	A blessing and a curse		083A	autistic memoir by a talented Australian artist who had a very scary childhood with abuse and general nastiness, but once he left home kinder, more understanding people helped him rise above his background [with an appendix about the blessings of dreadlocks]
Moraine, Paula	2015	Autism and Everyday Executive Function: A Strengths-Based Approach for Improving Attention, Memory, Organization and Flexibility		482A	
Moran, Paddy-Joe	2016	Communicating Better with People on the Autism Spectrum	R	512R	Comment (by NT partner) Even though it's directed at practising professionals, many of the comments are practical for partners, family & friends. Very easy to read in short digestible chapters. I even recommended this to our massage therapist!
Moreno, M; Wheeler, M; & Parkinson, K	2012	The Partner's Guide to Asperger Syndrome		191A	
Morgan, Lisa & Donahue, Mary P.	2020	Living with PTSD on the autism spectrum: Insightful analysis with practical applications		573A	
Morgan, Lisa	2016	Living Through Suicide Loss with an Autistic Spectrum Disorder (ASD): An Insider Guide for Individuals, Family, Friends, and Professional Responders		523A	
Morton-Cooper, Alison	2004	Healthcare and the autism spectrum, a guide for health professionals, parents and carers		055A	
Moss, Haley	2014	A Freshman Survival Guide for College Students with Autism Spectrum Disorders: The Stuff Nobody Tells You About!		276A	1 Rating: very useful. Comment : Packed full of practical advice, American school system bias, but still very helpful. Will be purchasing our own copy
Muggleton, Joshua	2012	Raising Martians - From Crash-landing to Leaving Home: How to Help a Child with Asperger's Syndrome or High-Functioning Autism		183A	
Mukhopadhyay, Tito Rajarshi	2000	Beyond the silence: My life, the world and autism		017A	Comment: A real Autistic experience, a combination of autobiography and poetry written by a young deeply autistic boy, controversial in the autistic community because of some of the techniques used by his mother, he has nevertheless moved from being locked in and nonverbal, to reveal through his writing the beauty and creativity of his autistic mind.
Mukhopadhyay, Tito Rajaship	2011	How Can I Talk if my Lips Don't Move? Inside my Autistic Mind		164A	
Mullin, Jill	2014	Drawing Autism	R	492R	Comment: a richly illustrated celebration & exploration of the work of autistic artists - & what their work can reveal about their inner world.

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Murray, Dinah (Ed)	2006	Coming out Asperger: Diagnosis, disclosure and self-confidence		062A	3 Ratings: outstanding x1; useful x2. Comments: 1. I found some chapters difficult to read due to the style, and some not relevant to me - but it gave me a good idea of issues surrounding disclosure; 2. Useful information regarding various situations when disclosure of autism could be important / relevant. especially useful when diagnosis is new and thoughts of who / how / if to tell others is a new concept.
Myers, Peter; with Baron-Cohen, Simon & Wheelwright, Sally	2004	An exact mind: An artist with Asperger Syndrome		131A	By an autistic artist, richly illustrated by his art, with added commentary by two professionals
Myles, Brenda Smith; Trautman, Melissa L and Schelvan, Ronda L	2004	The Hidden Curriculum: Practical Solutions for Understanding Unstated Rules in Social Situations	R	371R	for professionals and support persons
Nadolny, Sten (translated by Ralph Freedman)	2005	The discovery of slowness		139A	Novel based on life of possibly-autistic character - explorer Sir John Franklin
NAS	1999	The autistic spectrum – A handbook		526A	basic concepts, but some ideas outdated
Neville, Ann	2013	How to stop being bullied – A kids' guide	R	335R	
Newport, Jerry	2001	Your life is not a label: A guide to living fully with Autism and Asperger's Syndrome for parents, professionals and you!		034A	
Newport, Jerry & Mary	2007	Mozart and the whale: An Asperger's Love Story		126A	their personal account
Nichols, Shana, with Moravcik, Gina Marie & Tetenbaum, Samara Pulver	2009	Girls growing up on the autism spectrum: What parents and professionals should know about the pre-teen and teenage years		255A	2 Ratings: useful; of limited use. 1 Comment: very American-oriented?
Ockleford, Adam	2013	Music, Language and Autism: Exceptional Strategies for Exceptional Minds		211A	
O'Halloran, Catherine	2014	Diagnosis Asparagus: Advocating for Assessment and Diagnosis of Autism Spectrum Conditions		354A	2 ratings: outstanding x2. <u>comment</u> : very relatable, and at times funny, in its content & delivery- by Eva (ages 11-15yo) & mother (facts & info)
O'Neill, Jasmine Lee	2000	Through the Eyes of Aliens: A book about autistic people		018A	a favourite of autistic readers, Jasmine is a mute creative savant
Ortiz, John M	2008	The myriad gifts of Asperger's syndrome		108A	2 ratings: excellent
Oslund, Christy	2013	Succeeding as a Student in the STEM Fields: A College Handbook for Science, Technology, Engineering and Maths Students with Autism, ADD, Affective Disorders, or Learning Difficulties and Their Families		210A	
O'Toole, Jennifer Cook	2012	Asperkids: An Insider's Guide to Loving, Understanding and Teaching Children with Asperger's Syndrome		189A	1 rating: outstanding, transformed my approach to parenting my neurodivergent child
O'Toole, Jennifer Cook	2013	The Asperkid's Secret Book of Social Rules: The Handbook of Not-so-obvious Social Guidelines for Tweens and Teens with Asperger Syndrome		206A	1 Rating: very useful. Comment: My 10-year-old enjoyed this & found it so helpful that we are buying our own copy to refer to.
O'Toole, Jennifer Cook	2013	The Asperkid's launchpad: Home design to empower everyday superheroes		381A	
O'Toole, Jennifer Cook	2015	Sisterhood of the Spectrum: An Asperger chick's guide to life		384A	
Packer, Alex J	1997	How rude! The teenager's guide to good manners, proper behaviour and not grossing people out		135A	For AS adults too! Easy-to-find guidelines to self-care, hygiene & social skills for wide range of situations e.g. phone etiquette, celebrations & funerals, communicating with sick people, other cultures etc
Page, Tim	2009	Parallel Play: Growing up With Undiagnosed Asperger's		149A	memoir by a late-diagnosed man with passion for music; among other things, shows how his "sharp and incisive insights into music and the arts were made possible by Asperger's syndrome." [= back-cover comment by John Elder Robison]

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Palmer, Ann	2006	Realizing the college dream with Autism or Asperger Syndrome: A Parent's Guide to Student Success		269A	
Paradiz, Valerie	2002	Elijah's cup: a family's journey into the community and culture of high-functioning autism and Asperger's Syndrome		129A	
Patrick, Nancy J	2008	Social skills for teenagers and adults with Asperger Syndrome: A practical guide to day-to-day life		094A	
Patten, Sarah	2014	What to Feed an Asperger: How to Go from 3 Foods to 300 with Love, Patience and a Little Sleight of Hand		308A	
Pavrides, Merope	2008	Animal-assisted interventions for individuals with autism		133A	
Paxton, K & Estay, I	2007	Counselling people on the autism spectrum: a practical manual	R	261R	for professionals
Pears, Jessica	2003	Asparagus Dreams		402A	Memoir of school years by an AS woman – from expulsion at age of 12, to eventual success as a post-grad researcher.
Pease, Allan	1987	Body Language: How to read others' thoughts by their gestures		459A	
Perks, Simon	2007	Body language and communication: A guide for people with autism spectrum disorders		234A	
Perry, Nancy	2009	Adults on the autism spectrum leave the nest: Achieving supported independence		109A	
Powers, Michael D & Poland, Janet	2002	Asperger Syndrome and your child. A parent's guide: Unlocking your child's potential		404A	A blend of engaging vignettes and practical advice
Prince-Hughes, Dawn	2004	Songs of the gorilla nation: My journey through autism		056A	3 Ratings: outstanding, inspiring, heartening. Comments: 1. One of the most poignant, touching books I've read in some time. I love Dawn's relaxed style, her approach to this autobiographical book and to her 'autism observations' through her family's and her own ape person's eyes ... Dawn's struggles with relationships, her sexuality and the raw honesty in the way she dealt with these hurdles are hope-filled and heartening ... 2. A most beautifully written book, the autobiography of a "misfit" who remarkably became an academic despite her earlier difficult life, and has become an international authority on gorillas and also on ASD! 3. A powerful read for me - the journey of one autistic woman's striving to discover, from a lost disconnected place, a sense of her inner self in adulthood, and coming to a place of true connecting with fellow-humans. All set into motion through the deep learning experienced while spending time with her gorilla family.
Prince-Hughes, Dawn	2005	Expecting Teryk: An Exceptional Path to Parenthood		119A	Dawn's personal experience of becoming a parent
Prince-Hughes, Dawn	2013	Circus of Souls: How I Discovered that We Are All Freaks Passing As Normal		230A	
Prince-Hughes, Dawn (Ed)	2002	Aquamarine Blue 5: Personal stories of college students with autism		019A	Written by autistic university students with exceptional talents, this book shows how their unique gifts are so often compromised by the very environments they seek to develop their gifts in. Beautifully written, immensely fascinating).
Prizant, Barry with Fields-Meyer, Thomas	2015	Uniquely Human: A Different Way of Seeing Autism		450A	1 rating: excellent - a positive introduction for those new to autism
Purkis, Jeanette	2006	Finding a different kind of normal: Misadventures with Asperger Syndrome		067A	A memoir. 1 Rating: outstanding
Purkis, Jeanette	2014	The wonderful world of work: A workbook for Asperiteens		312A	1 rating: very useful
Purkis, Jeanette & Goodall, Emma	2018	The Parents' Practical Guide to Resilience for Children aged 2-10 on the Autism Spectrum		556A	

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Purkis, Jeanette & Goodall, Emma	2018	The Parents' Practical Guide to Resilience for preteens and teens on the Autism Spectrum		582A	
Purkis, Jeanette; Goodall, Emma & Nugent, Jane	2016	The Guide to Good Mental Health on the Autism Spectrum	R	485R	3 ratings: outstanding x1; useful x1
Purkis, Yen & Lawson, Wenn B.	2021	The autistic trans guide to life		583A	1 rating: very useful
Purkis, Yenn & Masteman, Tanya	2020	The awesome autistic go-to guide: a practical handbook for autistic teens and tweens		585A	2 ratings: excellent
Ramey, Emilia Murry & Jody John	2008	Autistics' guide to dating: A book by autistics, for those who love them or who are in love with them		089A	1 rating; excellent
Rawlins, Abi	2017	Is it OK to Ask Questions About Autism?	R	535R	autism awareness for children aged 5-11 using simple language & fun illustrations
Reese, Pam Britton & Challenner, Nena C	2001	Autism and PDD: Adolescent Social Skills Lessons: Health and Hygiene	R	337R	Suitable for those severely impaired (in format of social stories, words & pictures)
Regan, Theresa	2016	Understanding autism in adults and ageing autism: Improving diagnosis and quality of life		565A	
Riley-Hall, Eillen	2012	Parenting Girls on the Autism Spectrum: Overcoming the Challenges and Celebrating the Gifts		419A	
Robins, Wendy	1997	Life as an Alien		020A	Wendy's poems
Robison, John Elder	2007	Look me in the eye: My life with Asperger's		097A	a popular & relatable memoir
Robison, John Elder	2011	Be Different: Adventures of a Free-Range Aspergian with Practical Advice for Aspergians, Misfits, Families and Teachers		176A	
Robison, John Elder	2013	Raising Cubby: A Father and Son's Adventures with Asperger's, Trains, Tractors and High Explosives		219A	Cubby's risky autistic fixations get him into trouble
Robison, John Elder	2016	Switched on: My Journey from Asperger's to Emotional Awakening		488A	personal account of the pros & cons of technology to 'switch on' emotions
Rocha, Adriana & Jorde, Kristi	1995	A Child of Eternity: An Extraordinary Young Girl's Message From the World Beyond		221A	
Romkema, Craig	2002	Embracing the sky: Poems beyond disability		021A	comment: The author has both autism and cerebral palsy, a spiritual genius, read and weep, I did.
Rubinyi, Susan	2006	Natural Genius: The Gifts of Asperger's Syndrome		318A	a parent's account of their autistic son's challenging path towards independent adult life
Rubio, Ron	2008	Mind / body techniques for Asperger's Syndrome: The way of the pathfinder	R	107R	1 Rating: very useful - also see related DVD by same author in audiovisual library list
Sacks, Oliver	1995	An Anthropologist on Mars		022A	Oliver Sachs describes his encounters with Temple Grandin, a surgeon with Tourette's and other neurodivergent individuals
Sainsbury, Clare	2000	Martian in the Playground: Understanding the Schoolchild with Asperger's Syndrome		180A	accounts by autistic adults of their experiences of schooling
Santomauro, Josie (Ed)	2012	Autism Allstars: How We Use Our Autism and Asperger Traits to Shine in Life		169A	each chapters by a different autistic adult
Saperstein, Jesse	2014	Getting a Life with Asperger's: Lessons Learned on the Bumpy Road to Adulthood		422A	the second book by this young AS man - wise advice about pitfalls such as lapsing into 'Loserville'
Saperstein, Jesse A	2010	Atypical: Life with Asperger's in 20 1/3 Chapters		157A	a memoir
Schab, Lisa M	2008	The anxiety workbook for teens: activities to help you deal with anxiety and worry	R	244R	
Schneider, Edgar R	1999	Discovering my Autism		023A	a memoir
Schneider, Edgar R	2003	Living the Good Life with Autism		024A	
Schopler, Eric (Ed)	1995	Parent Survival Manual: A Guide to Crisis Resolution in Autism and Related Developmental Disorders	R	342R	by an autism specialist, co-founder of TEACCH
Schwartz, Jeffrey M	1996	Brainlock: Free yourself from obsessive-compulsive behaviour		524A	
Shah, Dr Amita	2019	Catatonia, shutdown and breakdown in autism: A psycho-ecological approach	R	574R	
Shaul, Joel	2014	The Conversation train: A Visual Approach to Conversation for Children on the Autism Spectrum	R	491R	visual-based social skills guide: this one to help children put words into phrases and sentences, using train analogy

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Shaul, Joel	2014	The Green Zone Conversation Book: Finding common ground in conversation for children on the Autism Spectrum	R	469R	visual-based social skills guide: this one to help children with the art of conversation
Shaul, Joel	2016	Our brains are like computers! Exploring social skills and social cause and effect with children on the Autism Spectrum	R	473R	visual-based social skills guide: this one for children age 9 plus
Shockley, Talmer	2009	The love-shy survival guide		102B	
Shore, Stephen	2001	Beyond the Wall: Personal Experiences with Autism and Asperger Syndrome		025A	1 comment: This man on the spectrum writes of both the frustrations and triumphs in a way that will resonate well with many
Shore, Stephen (Ed)	2004	Ask and tell: Self-advocacy and disclosure for people on the autism spectrum		057A	<u>2 ratings</u> : excellent. Includes sample disclosure cards & letters as guides to creating your own
Shore, Stephen M & Rastelli, Linda G	2006	Understanding autism for dummies		137A	a comprehensive introduction from an 'insider' perspective, including a section on health, medications, nutrition & biomedical approach
Silberman, Steve	2015	Neurotribes: The Legacy of Autism and How to Think Smarter About People Who Think Differently		448A	a comprehensive history of attitudes towards autism, from darker times to the neurodiversity movement of today, with its "broader model for acceptance, understanding, and full participation in society for people who think differently."
Simmons, Siobahn	2017	Developing resilience in young people with autism using social stories	R	550R	
Simone, Rudy	2016	The A to Z of ASDs: Aunt Aspie's Guide to Life		513A	
Simone, Rudy	2010	Asperger's on the Job: Must-have Advice for people with Asperger's or High Functioning Autism and their employers, educators and advocates		140A	
Simone, Rudy	2010	Aspergirls: Empowering Females with Asperger Syndrome		153A	4 Ratings: outstanding x2; very useful x1; useful x1. Comments: 1. I read it as a parent, & read out to my 16yo sections I thought would be helpful to her (some things not relevant for her yet i.e. relationships & children). Down to earth, easy to understand & relate to. good format: chapter then parent advice then Aspergirl advice. 2. some parts brilliantly useful, others present an outdated understanding of autism - although this may be because of how much else I've read. 3. One of the most compelling aspects is the discourse around androgeny and gender identity.
Simone, Rudy	2009	22 Things a Woman Must Know if she Loves a Man with Asperger's Syndrome. (Different to the listing below: In THIS book, it is the man she loves who has Asperger's).		190A	1 Rating: very useful. Comments: excellent 'primer' and intro. Very clear info, quick to read and therefore gain benefit from.
Simone, Rudy	2012	22 Things a Woman With Asperger's Syndrome Wants her Partner to Know. (Different to the listing above: In THIS book, it is the woman who has Asperger's)		199A	1 rating: outstanding. Comments: excellent 'primer' and intro. Very clear info, quick to read and therefore gain benefit from.
Simsion, Graeme	2013	The Rosie Project: A Novel		270A	a novel narrated by an oddly charming and socially challenged genetics professor on an unusual quest: to find out if he is capable of true love.
Slater-Walker, Gisela & Christopher	2002	An Asperger Marriage		026A	a personal account
Smith, John; Donlan, Jane & Smith, Bob	2012	Helping Children with Autism Spectrum Conditions through Everyday Transitions: Small Changes - Big Challenges	R	292R	3 ratings: very useful x1; useful x2. Guidance with examples for creating 'scripts, signs and sketches' to help with everyday transitions, big or small
Soledad, Starfire	2003	Spectrums: A collection of poems		352A	poems by the autistic author
Soraya, Lynne	2013	Living Independently on the Autism Spectrum : What you need to know to move into a place of your own, succeed at work, start a relationship, stay safe, and enjoy life		508A	2 ratings: very useful

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Stanford, Ashley	2003	Asperger syndrome and long-term relationships		027A	Written by a woman married to an AS man, this book manages to avoid the usual moan about not having NT needs met. She explains clearly many of the difficulties and also the many advantages of being in a relationship with an AS person. A must read for a lot of NTs! And for those of us on the spectrum.
Stanford, Ashley	2011	Business for Aspies: 42 Best Practices for Using Asperger Syndrome Traits at Work Successfully		155A	3 ratings: very useful. Comment: explains executive function issues, and strategies around those. From book promo: "People with a mental framework better suited to non-social tasks can often be overlooked and underutilised in such an environment, but this book explains exactly how those with Asperger Syndrome can get their talents recognised and become successful and indispensable employees. "
Stanford, Ashley	2013	Troubleshooting Relationships on the Autism Spectrum: A user's Guide to Resolving Relationship Problems		228A	
Stefanski, Daniel	2011	How to Talk to an Autistic Kid	R	285R	Written by a 14-year old 'autistic kid'
Steward, Robyn	2014	The Independent Woman's Handbook for Super Safe Living on the Autistic Spectrum		225A	1 rating: useful. Comment: the unwritten rules of a wide range of issues from safety to communication e.g. in chapter 6 "contacting people" (how often, what to do if there's no reply, etc - rules that differ according to context)
Stoddart, Kevin P (Ed)	2005	Children, Youth and Adults with Asperger Syndrome: Integrating Multiple Perspectives		278A	
Stone, Florica	2004	Autism - The eighth Colour of the Rainbow: Learn to Speak Autistic		319A	a book that shows how to "meet" an autistic child, beginning by joining them in their world
Strong, Jeff	2015	Different Drummer: One Man's Music and Its Impact on ADD, Anxiety and Autism		487A	
Stuart-Hamilton, Ian	2004	An Asperger dictionary of everyday expressions		241A	1 Rating: very useful.
Sutton, Michele (Ed)	2015	The real experts: Readings for parents of autistic children	A	474A	1 rating: useful. Comment: a collection of honest and heartfelt essays by autistic adults. Important topics include "You should tell your kids they're autistic", "ABA" and "not that autistic."
Tammet, Daniel	2006	Born on a blue day: A Memoir of Asperger's and an Extraordinary Mind		078A	
Tammet, Daniel	2009	Embracing the wide sky: A tour across the horizons of the human mind		253A	
Tammet, Daniel	2014	Thinking in Numbers: On life, love, meaning and math		353A	
Tantam, Digby	2012	Autism Spectrum Disorders Through the Lifespan	R	207R	
Taylor, Paul	2009	A Beginner's Guide to the Pervasive Developmental Disorders: A simple introduction to autistic spectrum disorder, Asperger syndrome and PDD-NOS		287A	A positive first introduction to ASD for those who want a short book e.g. friends or extended family. Uses computer metaphor e.g. to compare the differences in autistic vs. NT brains, to PC vs. Mac computers. Rating: outstanding Note: This is an earlier version with different title but same author as the 2011 book, <i>A Beginner's Guide to Autism Spectrum Disorders: Essential Information for Parents and Professionals</i> – apart from diagnostic terms, the content is almost identical and just as valuable.
Taylor, Renee	2014	Your Life, Your Story: A practical guide to writing a memoir		265A	
Thompson, Barrie	2009	Counselling for Asperger couples	R	351R	for professionals
Tickle, Anna & Stott, Bettina	2010	Exploring Bullying With Adults With Autism and Asperger Syndrome: A Photocopiable Workbook		150A	1 Rating: very useful
Tinsley, Matthew & Hendricks, Sarah	2008	Asperger Syndrome and Alcohol: Drinking to Cope?		095A	
Tullemans, Anna	2004	Talking to family and friends about the diagnosis		124A	
Tullemans, Anna	2004	Working with teachers: A guide for parents		368A	

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Tullemans, Anna & Larkey, Sue	2005	The essential guide to successful secondary school: a guide for teachers and families of students with ASD - with reproducible worksheets & proforma	R	303R	
Verdick, E & Reeve, E	2012	Survival Guide for Kids with Autism Spectrum Disorders (and their parents)	R	434R	Addressed to both ASD children & their families – explains ASD and its implications in a positive way – with sections explaining everyday difficulties and strategies around friendship issues, managing emotions, school, communication, staying healthy etc.
Vermeulen, Peter	2001	Autistic Thinking: - This is the title.		383A	Another short introductory book on ASD and how the autistic mind processes information, personal accounts and computer analogy.
Victor, Pamela	2006	Baj and the Word Launcher: Space age Asperger adventures in communication		408A	A futuristic space-age adventure story that “captures the imagination while exploring the challenges of communication” (using aids such as an invisible Calming Cape, Listening Aids a Sensory Adjustor and a Communication n Clarifier kit) – and “stop and think” questions throughout to “prompt children to think about how they feel and react to events in the story.”
Walker, Diane	2002	The Weighted Blanket: An essential nutrient in a sensory diet –		521A	includes step-by-step instructions on how to make and use a weighted blanket
Weiss, Lynn	1997	Attention deficit disorder in adults: Practical help and understanding		378A	Includes chapter on ‘ADD on the job’
West, Thomas G	1997	In the Mind's Eye: Visual Thinkers, Gifted People with Dyslexia and other Learning Difficulties, Computer Images and the Ironies of Creativity		028A	1 rating: outstanding. A book that explores the learning difficulties experienced by both famous and everyday people, the association between visual talents and verbal difficulties, and the changing role of visual thinking through the epochs of humanity. It questions the conventional approaches of education and carries a warning that we ignore developing these gifts at our peril, showing the value of neurodiversity for society & even the survival of the human species. Though autism isn't specifically mentioned, the emphasis is on visual & spatial thinkers (which includes many autists) and historic figures thought to be on the autism spectrum.
Wheeler, Maria	2007	Toilet training for individuals with autism and other developmental issues		340A	
Wilde, Kate	2019	The autism language launcher: A parent's guide to helping your child turn sounds and words into simple conversations		578A	1 rating: outstanding
Wilde, Kate	2014	Autistic Logistics: A Parent's Guide to Tackling Bedtime, Toilet Training, Tantrums, Hitting, and Other Everyday Challenges		417A	
Wilkinson, Lee	2015	Overcoming Anxiety and Depression on the Autism Spectrum: A Self-help Guide Using CBT		376A	
Willey, Liane Holliday	1999	Pretending to be Normal: Living with Asperger's Syndrome		178A	4 ratings: excellent x2; very good x2. A popular and relatable memoir
Willey, Liane Holliday	2003	Asperger Syndrome in the Family: Redefining Normal		012A	2 ratings: very useful; outstanding. Comments: 1. Very interesting, full of good advice for families with members on the spectrum, from the perspective of total acceptance of autism, and working with it rather than against it! 2. A very well written guide on how to build a family life on AS terms. Clear concise information to help bring together the best qualities of being AS and the NT environment we have to inhabit. Frank, funny and extremely useful for all those on the spectrum either already in a family environment or contemplating joining or creating one, in the process ‘redefining normal.’
Willey, Liane Holliday	2012	Safety Skills for Asperger Women: How to Save a Perfectly Good Female Life		178A	

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Willey, Liane Holliday (Ed)	2004	Asperger Syndrome in adolescence: Living with the Ups, the Downs and Things in Between		013A	Liane and others (on and off the spectrum), address with insight and useful strategies the highly complex and often distressing world of the AS adolescent. This book deals with a wide range of issues confronting the AS teen and their families (sexuality, depression, friendships etc) many of which also provide useful ideas for adults on the spectrum, e.g. the chapters on "Disclosure" & "When the thunder roars" (on emotions).
Williams, Donna	1991	Nobody nowhere		039A	A must-read classic! The first book by a person diagnosed with autism to be published in mainstream publishing and the first to become an international bestseller. An account of a soul of someone who lived the word 'autism' and survived abuse, trauma, neglect and exploitation despite intense inner chaos and incomprehension.
Williams, Donna	1995	Somebody Somewhere		031A	Following on from her first memoir above: Donna rejects training in social skills to further bury herself in 'acting normal', determining to find non-autistic translations for the experiences and concepts she has only ever made sense of in her own special language, kept secret within her own world. After navigating the combinations of xenophobia, charity, curiosity and kindness, Donna finds a way of belonging and 'simply being' among others without selling out who she really is, laying foundations for changing forever the way autism is understood by the wider world.
Williams, Donna	1998	Autism: An Inside-Out Approach		029B	Donna takes you into the why and how of Autistic thinking and behaviour, and also suggests many helpful strategies to prevent or deal with overload, shutdowns, sensory & processing difficulties etc.
Williams, Donna	1999	Autism and Sensing: the unlost instinct		030A	Expanding on the themes of her "an inside out approach" Donna writes about how autistic people sense and resonate rather than use conscious thought and interpretation to make sense of the world.
Williams, Donna	1999	Like Color to the Blind: Soul Searching and Soul Finding		032A	1 rating: outstanding. Comment: a brutally honest account of two people's struggle to find themselves, keep this sense of self and not lose that while trying to merge themselves in a relationship (which is why many of us don't bother). Donna also details in this book, her approach to distinguishing what she "really wants / likes" versus what her "exposure anxiety" misleads her to thinking she wants / likes).
Williams, Donna	2003	Exposure anxiety: The invisible cage		038A	
Williams, Donna	2004	Everyday heaven: Journeys beyond the stereotypes of autism		040A	2Ratings: of limited use; outstanding
Williams, Donna	2006	The jumbled jigsaw: An insider's approach to the treatment of autistic spectrum 'fruit salads'		066A	
Williams, Donna	2004	Not Just Anything: A collection of thoughts on paper		414A	1 rating: outstanding. Comment: Loved opening it to find Donna had signed it!
Wing, Lorna	2001	The Autistic Spectrum. A Guide for Parents and Professionals		075A	by the pioneering professional who introduced the concept of autism being a spectrum
Winner, Michelle Garcia & Crooke, Pamela	2009	Socially Curious, Curiously Social: A Social Thinking Guidebook for Bright Teens and Young Adults		277A	an anime-illustrated guidebook to 'being a social thinker' e.g. in friendship, dating and texting. The illustrations serve a similar role to 'comic strip conversations' in showing both speech and thought bubbles
Wolfberg, Pamela	1999	Play and Imagination in Children with Autism		291A	
Woodcock, Linda & Andrea Page	2010	Managing Family Meltdown: The Low Arousal Approach and Autism	R	324R	3 ratings: very useful x1; useful x2
Wright, Scott (Ed)	2016	Autism Spectrum Disorder in Mid and Later Life		496A	

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Wylie, Philip	2014	Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life		275A	2 Ratings: excellent; useful
Wylie, Philip; Lawson, Wenn & Beardon, Luke (Eds)	2015	The Nine Degrees of Autism: A Developmental Model for the Alignment and Reconciliation of Hidden Neurological Conditions		449A	The title refers to 9 stages of autism awareness, culminating in the full measure of autistic self-acceptance, identity, peace, well-being and contribution to society. <u>3 ratings</u> : outstanding; very useful. <u>Comments</u> 1. I <i>needed</i> to read this post-diagnosis; 2 As someone recently diagnosed (in later life) I found this book very useful in terms of signposting the possible journey undertaken pre-, during and post-diagnosis. I found especially heartening the sense fostered of life opening up for the individual as self-acceptance grows and effective strategies towards this end are adopted.
Yack, Ellen; Aquilla, Paula & Sutton, Shirley.	2006	Building bridges through sensory integration: Therapy for children with autism and other pervasive developmental disorders.	R	541R	
Yearwood, Mary Margaret Britton	2002	In their hearts: Inspirational Alzheimer's Stories		002A	The author, an AS woman who works with Alzheimer patients, writes "though cognition is lost, spirituality remains." The book considers what it means to truly be human e.g. when the so-called definitions of normal human are no longer available, how the true spirit and worth of a person is still there to be valued. She considers being autistic herself gives her more insight into this deeper truth of humanity.
Yoshida, Yuko	2007	How to Be Yourself in a World That's Different. An Asperger Syndrome Study Guide for Adolescents		086A	
Zaks, Zosia	2006	Life and love: Positive strategies for autistic adults		081A	tips from an autistic adult for navigating everyday life as an independent adult e.g. good tips on home maintenance, shopping, healthcare & much more
Zelan, Karen	2003	Between their world and ours: Breakthroughs with autistic children		525A	series of vignettes of children the author worked with