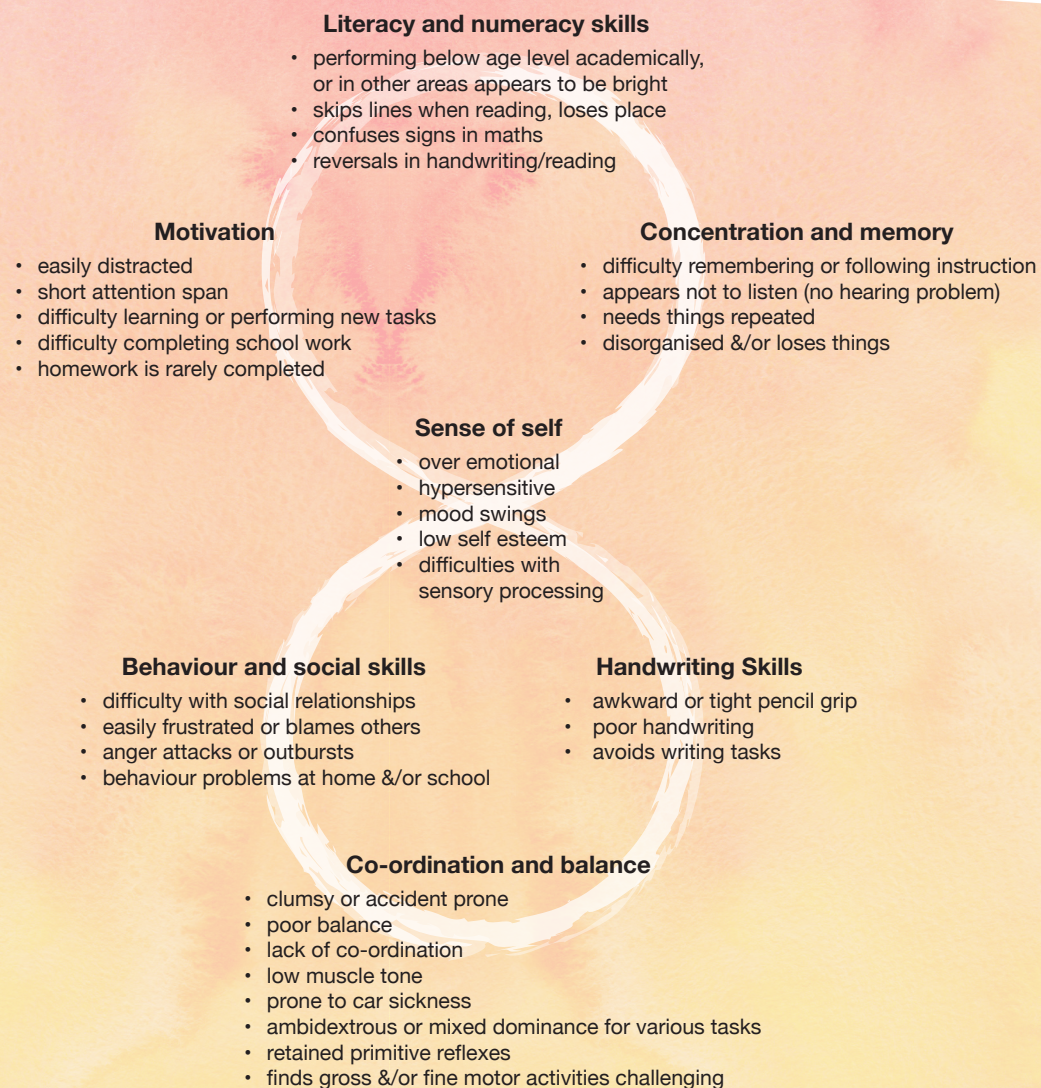


Extra Lesson® is a movement programme that addresses underlying developmental and sensory processing difficulties to enhance learning outcomes in all areas.



**NEW COURSE STARTING  
2016 AUCKLAND**

Extra Lesson® was developed by teacher Audrey McAllen in England and is based on the holistic developmental perspective of Rudolf Steiner's philosophy of child education.

**THEEXTRALESSON.COM.AU**



## **New course starting 2016 Auckland**

Do you work with children and adolescents with learning, and behavioural difficulties? This training course provides the skills and understanding to work from a holistic developmental perspective to assist children with learning difficulties, behavioural disorders, dyslexia, dyspraxia, ASD, ADHD and sensory processing difficulties.

## **The Extra Lesson® workshops and training can be undertaken as follows:**

### **Introduction to The Extra Lesson®:**

11th July 2016 to 15th July 2016

This is a stand alone 5-day workshop including a series of lectures on child development which aims to bring an introductory understanding of the Extra Lesson and how it supports the learning, developmental and functional needs of the child through both theoretical and practical aspects. This workshop is open to all people interested in child development – teachers, teachers' aides, health/healing practitioners and assistants, parents and grandparents.

### **Certified Extra Lesson® Practitioner:**

A further 5 semesters including 5 workshops each 5 days, spread over 3 years, in January and July each year.

The full practitioner course is at post-graduate level and predominantly distance-run course. It involves two intensive workshops a year with private study and work with children to integrate the theory and practical aspects throughout each semester. The Introductory Workshop is a pre-requisite.

**For more information on the training visit:  
[www.theextralesson.com.au](http://www.theextralesson.com.au) Or email: [admin@theextralesson.com](mailto:admin@theextralesson.com)**